



Pressed Flower Coaster Craft

By Captain Jayeric Alacar

Each flower tells a story of God's creativity. In Genesis 1–2, we see the beauty of creation unfold from the skies above to the earth below, from plants and flowers to humankind. Each is made by God's loving hand. As you make this coaster, let it remind you that just like these blossoms, you are part of His beautiful and purposeful creation.

Supplies Needed

Option 1: Pressing Fresh Flowers

- Fresh flowers
- Parchment paper or plain white paper
- Iron (steam turned off)
- Heavy book (optional)



Step 1: Prepare the Flowers

Trim flowers so they lay as flat as possible. Remove bulky stems and thick parts.

Step 2: Arrange Between Paper

Place the flowers between two pieces of parchment or plain paper. Avoid wax paper, as it may stick.



Step 3: Pre-Press (Optional but Helpful)

Close the paper inside a heavy book for a few minutes to flatten the flowers before ironing.

Step 4: Heat the Iron

Set your iron to a **low to medium** heat setting and **turn off the steam function**.

Step 5: Press the Flowers

Place the flower between two papers on a hard surface. Press the iron down gently for **10–15 seconds** at a time. Do not slide the iron but press and lift.



Step 6: Repeat

Let the paper cool slightly, then repeat the process until flowers are dry (usually 2–5 minutes total).

Step 7: Finish Drying (Optional)

Leave the flowers inside the paper for a few hours or overnight to fully dry and flatten.

Option 2: Use Pre-Dried Flowers

If you already have dried flowers, you can skip the pressing steps above.

Coaster Assembly

Additional Supplies:

- Mod Podge or clear craft glue
- Foam or paint brush
- Wood slices (3.5–4 inches wide)



Step 1: Arrange your dried flowers and/or leaves on the wood slice.

Step 2: Use the brush to apply a thin layer of Mod Podge or glue onto the wood surface.

Step 3: Carefully press the flowers and leaves into place. Make sure they lay flat with no wrinkles. Let dry for about 15 minutes.

Step 4: Apply a thin top coat of Mod Podge over the entire surface, including edges, to seal the design.

Step 5: Allow to dry for 1–2 hours before applying a second coat, if desired.



Congratulations!

You've created a beautiful, one-of-a-kind pressed flower coaster; a handmade reflection of God's incredible creation.

