

Women's Ministries – February 2025 Bible Study – You Are Loved

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Supplies Needed:

*Bible (Any Translation)

*Journal / Piece of Paper

*Mirror

*Pen / Pencil with Eraser

Scripture Verses – New International Version (NIV)

Psalms 139:14-16

“I praise you because I am fearfully and wonderfully made; your works are wonderful; I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth.”

Take a moment and look at yourself in the mirror and who do you see? What do you see?

Do you see yourself in the mirror as God sees you?

God sees you as His beautiful and loving daughter, created in His perfect image. You are beautiful. You are amazing. You are fearfully and wonderfully made by His own mighty hands. There's no one like you on this earth. You are special. You are unique. You are truly loved

In your journal or on a piece of paper, write down all the beautiful and wonderful characteristics, qualities, and talents that God gave you and only you. And also write down your thoughts when you know that God truly loves you. That you are truly loved by our Creator. When we think about all the beautiful and wonderful characteristics, qualities, and talents that God gave us, I believe that we will be truly amazed by His creation, in us. As we all know, our fingerprints are unique to us as individuals.

In fact, the National Forensic Science Technology Center states that, “no two people have ever been found to have the same fingerprints — including identical twins.” Also, it's important to keep in mind that fingerprints also vary between your own fingers — this means you have a unique print on each finger. But, more importantly, we were created by God, in His perfect image. We are His daughters. We are His children. We are His.

Isn't this amazing? I really think so. How we were created in special ways that no one else is created like us. Even the details of our hair on our head is that He is the only one that knows how many strands of hair are on our head. Isn't that also amazing? In Luke 12:7, it says, "Indeed, the very hairs of your head are all numbered. Don't be afraid; you are worth more than many sparrows." You are loved.

John 3:16

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

Unlike our love, God's love is free. What this really means is that there were no conditions God saw in us when He set His love upon us. God didn't love us because we were lovely—that wouldn't be free love. God loves us because He loves us (John 3:16). Nothing constrains his love. Nothing will ever change that. Because we are His lovely daughters created in unique ways. More than anything, the Bible tells us that "God is love" (1 John 4:8). He isn't just loving, but He is the very definition of love, true love. He loves us because He created us. His affection is unconditional. He both generates and demonstrates love — and that love endures forever. (Psalm 100:5)

Each day is a beautiful gift from God. I am reminded how blessed we are and to take every opportunity to minister to each other in ways that He shows us, to be open to leading of His Holy Spirit in us and through us. I am also reminded to live my life fullest for God and God only; to spend every moment worshipping, glorifying, praising, and honoring Him in every aspect of my life. To spend quiet times with Him, to read His amazing, beautiful, and living words, to never stop praying for everyone and everything, to make joyful noise unto Him, and to always give thanks for all His blessings in our beautiful lives.

You might wonder if God really and truly loves you? You might also ask yourself, why me? Why does God love me? With all my past mistakes, with all my wrongdoing, and with all my faults? I'm not good enough. I'm not worthy. I'm a sinner. We may have many reasons to wonder and question. But the answer is YES! YES, God loves you for who you are. Because you are His. And He doesn't want us to stay where we are. In Matthew 6:33, it says; "But seek first His kingdom and His righteousness, and all these things will be given to you as well." He wants us to draw closer to Him, to deepen our relationship with Him, to be thirsty and hungry for His word, and to be more Christlike each day.

"To love the Lord your God with all your heart, and with all your soul, and with all your mind." This is the greatest and first commandment. And the second commandment is "You shall love your neighbor as yourself," which is found in Matthew 22:27-29. When we truly realize God's love for us and how much He desires us to deepen our relationship with Him. We will feel and we will know His amazing and unconditional love for us. We know the true meaning of love, loving Him, loving others, and knowing that we are loved by Him.

Next time that you look in the mirror, know that you are His beautiful and loved creation. You are enough. You are amazing. You are a gift from God. You are beautiful especially in His sight. You are God's original work of art. You are beautifully created. You are His. **YOU ARE LOVED!!**

GOD IS ALWAYS:

Best

Everlasting

Amazing

Unconditional

Trustworthy

Inspirational

Faithful

Unwavering

Loving

YOU ARE:

Beautiful

Enough

Awesome

Unforgettable

Talented

Incredible

Fabulous

Unique

Loved

Suggested Songs:

I am Loved – Mack Brock

<https://www.youtube.com/watch?v=9OmYhgvwQa8>

Reckless Love of God – Cory Asbury

<https://www.youtube.com/watch?v=Sc6SSHuZvQE>

Pieces – Steffany Gretzinger

<https://www.youtube.com/watch?v=fI9aqfmVmPc>

Scripture Verses and Quotes on “Love / Loved”

“If God planned you for me and me for you, then nothing can separate you from me and me from you.” (Mark 10:9)

“Let all that you do be done in love.” (1 Corinthians 16:14)

“Live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.” (Ephesians 5:2)

“Above all, love each other deeply, because love covers over a multitude of sins.”

(1 Peter 4:8)

“Life without love is like a tree without blossoms or fruit.”

(Khalil Gibran)

“Life is the flower for which love is the honey.”

(Victor Hugo)

“Intense love does not measure, it just gives.” (Mother Teresa)

“Being deeply loved by someone gives you strength, while loving someone deeply gives you courage.”

(Lao Tzu)

“The best use of life is love. The best expression of love is time. And the best time to love is now.” (Rick Warren)