

1. Stumbling Blocks

Isaiah 57:14 And it will be said, "Build up, build up, prepare the way, Remove every obstacle out of the way of My people."

As we know there are a lot of things in our life that the devil can use for us to stumble. We see some on the table. What are some things in your life that you need to remove so that you can stand firm and not fall. Take a moment and reflect on your life and see what those things are and pray that God helps you to remove that from your life or helps you to be strong to face it.

2. Image of God

2 Corinthians 5:17 says therefore if anyone is in Christ the new creation has come the old as gone the new is here.

When you see yourself in this mirror what do you see? Are you happy with what you see? Is God happy with what he sees? There are things sometime that we still hold on to from our past and have not allowed God to change us complete. Pray that God make you a new creation from the inside and out. Pray when people see you, they see God and not the old you. Take a moment to talk with the Lord but also write on the mirror one thing you don't want to see anymore.

3. Forgiveness

Matthew 6:14-15

For if you forgive other people when they sin against you, your heavenly Father will also forgive you. **15** But if you do not forgive others their sins, your father will not forgive your sins.

When you forgive, you in no way change the past - but you sure do change the future. Remember God went on the cross to forgive your sins and take all that pain and suffering away from you. Write something you need to ask God to forgive you for or write down someone's name that you still need to forgive. Take a moment to pray. Put paper on the cross as a symbol of allowing God to start the healing process.

4. Sickness

Matthew 7:7-8 "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.

We all have a loved one that is sick, or we are self or going through some sickness. Pray and believe that God will heal and restore that body back to what it once was.

5. God dying on the Cross.

Peter 3:18

For Christ also died for sins once for all, the just for the unjust, so that He might bring us to God, having been put to death in the flesh, but made alive in the spirit.

As you see the nails on the table remember the sacrifice that God did for you. Remember he loves you and died on the cross for your sins and pain. Make a cross with the nails as you see the example on the table but while you are building your cross meditate on him and his goodness.

6. The Tree of Prayer

1 John 5:14 ~ This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us.

As you pick a paper think of a prayer that you want God to hear and hang it on the tree as a symbol of you believing to God. Know and believe that he answers or hears your prayer. Then take a minute to pray and talk with him or share your prayer with your officer or friend and ask them to pray for you.

7. Encouraging Words

Ephesians 4:29

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

In this day of age, we have lots of people that can be mean or rude. We see people being bullied and people taking their life when we need to start encouraging people and saying nice things to people. As you see there is a board game in the middle, the word **loved** is there add or put another encouraging word with the letters you see so you can practice doing this.

8. Marriages and Families

2 Corinthians 13:11 “Finally, brothers, rejoice. Aim for restoration, comfort one another, agree with one another, live in peace; and the God of love and peace will be with you.”

These words are among Paul’s final words of exhortation to the Christians in Corinth at the end of his second letter to them. He is encouraging them to work things out with one another and think more highly about others rather than of themselves. Paul wants them to live in peace and harmony, because then they will experience more fully God’s love and peace. By seeking restoration with their brothers and sisters in Christ, they would reap what they sowed restoration with God as well. Take a moment, take a heart and write down on this heart what you want God to start doing in your marriage, family and you. By writing this down you are believing and declaring that this will happen. God is able to restore that love and peace again in those relationships.

9. Read and Pray

Read: Psalm 37: 1-8

We read in this Psalm that those that are doing evil things seem to be prospering. But we are not to get angry or upset about that because God will have the last word and He will judge. We are told here to trust in the Lord.

No matter what is happening around us, God desires us to trust in Him. Things can look really bad for a while – but God will come through.

As we commit our way to the Lord and delight in Him, He will bring it to pass. He will give us the desires of our hearts.

We need to be still and rest in the Lord, to wait on Him and to keep on trusting Him. God will never let you down. He is fully trustworthy. So often people can let us down – but God never will.

If there are things in your life today that are tearing you up inside, give it over to God completely and place your hope and trust in Him.

Lean on, trust in, and be confident in the Lord with all your heart and mind and do not rely on your own insight or understanding. - Proverbs 3: 5

Lord, I give you my concerns,

I lay them at your feet.

Help me, Lord, to trust in you.

For my daily needs.

Supply list for Stations

1. Blocks or Bricks with different words that can cause us to stumble like gossip, love for money, lust and more.
2. Long mirror with dry erase markers.
3. A standing cross with pieces of paper. Also pens, hammer and nails.
4. Put a circle of chairs for people to pray and have the officer lead this one while praying for others.



5. Nails, tools, and wire (see picture)
6. Have a fake tree, printed prayers or promises from the Bible for people to grab, paper clips to hang their papers on the tree. Also have blank papers and pens in case people want to write their own.
7. Scrabble Board game
8. On a board hang up lines with hearts for them to grab and then hang back up, pens
9. You can do this one in a lot of different ways. Have the word written out so they can read it themselves, have it on the CD and have it playing over and over, or have someone read it out loud.