

Psalm 119:145-160

Open It:

1. Have you ever been desperate, really desperate to hear from God? What did you do in order to reach out to God?

The psalmist remains in a tough situation. James Montgomery Boice writes, "Yet these verses are not really about the psalmist's enemies, as bad as they were. They are about the writer's prayer life and how he learned to use God's Word when praying."

Explore It:

Read Psalm 119:145-152 *Qoph*

2. What attributes of God do you see in this stanza?
3. What is the emotional state of the psalmist in this stanza?
4. What does it mean that he is calling out to God, crying for help?
5. What does the psalmist wish to do instead of sleeping through the night?
6. How do you fill your time when you have a sleepless night?

7. Where is the enemy, the believer and God in proximate location to each other?

8. How do ungodly people demonstrate the fact that they are very far away from the law of God?

Read Psalm 119:153-160 *Resh*

9. What does the psalmist ask God to do for him in this stanza?

10. When you encounter difficulties and pray for relief, what do you ask for God?

11. What statements does the psalmist make about himself, declaring what he has done?

12. What attributes of God do you see in this stanza?

13. What does the psalmist mean when he asks God to preserve him “according to Your promise” or “in accordance with your love?”

14. What does the psalmist say about the wicked/the faithless?

15. If salvation is far from the wicked, does it mean it is impossible? Is it right to loath the faithless? What is our responsibility?

16. Compare v. 152 & 160. What does the psalmist say about the longevity of God's Word? What is the significance of the fact His Word is eternal?

Apply It:

17. Are you facing any tough situation that you need to cry out to God for help for? What is keeping you from crying out to Him? Will you cry out to Him now?

18. Who in your life do you know are far from God? How will you pray for them this week?

Homework:

Read and meditate on Psalm 46 this week. It is a great psalm when you are experiencing a hard time. Turn to God who is your refuge, strength and ever-present help in trouble (v. 1). The song, *"A Mighty Fortress is Our God"* by Martin Luther was based on this psalm. Sing or listen to this song this week.

"A passion for prayer and a passion for the Word of God should always go together. They should be inseparable twins in our life." Daniel L. Akin