



I am

I am
Never Alone

Be strong. Take courage. God is striding ahead of you. He's right there with you. He won't let you down; he won't leave you. Don't be intimidated. Don't worry.
Deuteronomy 31:8

I am
Fiercely Loved

Nothing—nothing living or dead, angelic or demonic, today or tomorrow, high or low, thinkable or unthinkable—absolutely nothing can get between us and God's love because of the way that Jesus our Master has embraced us.
Romans 8:38

I am Holy

Long before he laid down earth's foundations, he had us in mind, had settled on us as the focus of his love, to be made whole and holy by his love. Long, long ago he decided to adopt us into his family through Jesus Christ.
Ephesians 1:4-5

I am
Gifted

God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another.
1 Peter 4:10

I am Free

Christ has set us free to live a free life. So take your stand! Never again let anyone put a harness of bondage on you.
Galatians 5:1



Ordinary Truths



Ordinary Truths

I live each moment with God
by my side.

I am held steady by the
companionship of my God.

I can move forward knowing
that Jesus is my steadfast
confidant.

I can count on Christ when
others fail.



Ordinary Truths

I am fiercely loved by God.

I am ferociously loved by
Jesus, nothing I do or have
done can separate me from
his perfect love.

I am held by my Savior.
I have refuge in the love of
Jesus.



Ordinary Truths

I am the focus of God's great
love- even when I feel
unlovable.

I am whole in Him- even
when I feel shattered.

I am holy and set apart- even
when all I see are my faults.

I am adopted into a new faith
family.



Ordinary Truths

I am gifted for service in
God's Kingdom.

I am uniquely and
wonderfully created.

I am set apart for His
purpose.

I am made in the image of
the Most High God.



Ordinary Truths

I am liberated and lifted out of
darkness.

I am on an adventure with my
best friend, Jesus.

I am released from societal
expectations of smallness,
beauty, and success.

I am who I've been created to
be in Christ.

I am Forgiven

"You, Lord, are forgiving and good, abounding in love to all who call to you."
Psalm 86:5



I am Delighted In.

He will take delight in you with gladness. With his love, he will calm all your fears. He will rejoice over you with joyful songs.
Zephaniah 3:17



I am Chosen

Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience.
Colossians 3:12



I am Bold

Since this new way gives us such confidence, we can be very bold.
Nothing holds us back.
2 Corinthians 3:12



I am Whole & Holy

Christ brought you over to God's side and put your lives together, whole and holy in his presence.
Colossians 1:23



I am a Temple

Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself.
1 Corinthians 6:19





Ordinary Truths

I am forgiven and pardoned.

I am learning to forgive
myself as Christ has forgiven
me.

I am not held down by the
weight of my past.

I can abide in the tender
amnesty of Jesus.



Ordinary Truths

I am delighted in by the
One who saves.

I am calm and safe in His
presence.

I am not afraid.

I can rest in peace as the
Savior sings over me.



Ordinary Truths

I am chosen.

I am dressed in compassion
and kindness.

I am prepared for new life in
Jesus.

I am dearly and tenderly
loved by the One who
knows me best.



Ordinary Truths

My confidence and courage
are in Jesus.

Incandescent hope fills
my life.

I am not created to be
someone else: I am me.

I do not walk alone.



Ordinary Truths

Jesus' love has crafted me
completely.

I am Whole in Him.

I accept and stand in His
forgiveness.

I am free from the accuser.

I walk in freedom.



Ordinary Truths

The Spirit of God resides in me.
My body is a gift from my Heavenly
Father.

The Spirit's residence in me does not
depend on my weight, my size, or my
physical beauty.

I can gently accept and welcome my
body for her strength and uniqueness, as
Jesus accepts and welcomes me.

I am a New Creation

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!
2 Corinthians 5:17



I am God's Masterpiece

For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.
Ephesians 2:10



I am a Light

Here's another way to put it: You're here to be light, bringing out the God-colors in the world.
Matthew 5:14



I am a Coworker with God

The one who plants and the one who waters work together with the same purpose. And both will be rewarded for their own hard work. For we are both God's workers. And you are God's field. You are God's building.
1 John 3:2



I am a Child of God

Dear friends, we are already God's children.
1 John 3:2



I am





Ordinary Truths

I am a new creation.
Even when I feel down, I
am still solidly in Christ.
Jesus will finish the work
he started in me.
The old has passed away,
I will focus on the new.



Ordinary Truths

God gets joy from me
being me.
He planned for me long ago.
When I live and lean into His
love, I live and lean into my
purpose.
My life matters.



Ordinary Truths

I reflect God's goodness to
those around me.
My joy shines Jesus.
When I am gentle and
affectionate, I show others how
Jesus is gentle and affectionate.



Ordinary Truths

I was created for a purpose only
I can fulfill.
I am not any other person.
My strengths were given to me
for a reason.
I have the incredible honor of
working alongside God to bring
about the Divine Kingdom.



Ordinary Truths

I am wanted.
I am chosen.
I am a child of the one true
king.
I don't have to earn my
position in the divine family.



Ordinary Truths