

Ways to Be Adventurous

Just reading the word "adventurous" might make your heart race a little faster. For many, we think of adventurous as doing something wild and crazy such as skydiving or Bungee jumping. The Oxford dictionary defines adventurous as "willing to take risks or try out new methods, ideas or experiences." The Cambridge dictionary defines it as "willing to try new or difficult things" and includes "exciting and often dangerous."

To be adventurous doesn't have to be dangerous, but simply stepping out of our comfort zone. We are creatures of habit, and we get stuck in routines. By stepping out of your normal routine you can easily add some adventure into your life. Here are few ideas to get you started on the path of being adventurous:

- 1. Drive down a random street. Take a different route to work. Explore new streets in your community. Basically, break your routine. Routines are the opposite of what an adventurous life is all about.
- 2. Play tourist right in your community. Go to local museums, check out art shows, and local festivals. Pretend like you have never visited your town and search up what fun things there are to do there. If you have explored all that your city has to offer, perhaps try a nearby location. Subscribe to the e-mail list from your city to learn about new events.
- 3. Cook or eat something new. Try a different recipe or go to a new restaurant. Try a different kind of ethnic food. Sometimes just ordering something different at a familiar restaurant is a way to add some adventure to your life.
- 4. Learn something new: a new language, skill or hobby. Sign up for a cooking class, take dance lessons, learn about computer coding. The possibilities are endless. This also could include reading a different style of book, watching a different genre of movie or show, and listening to a variety of podcasts.
- 5. Try a different style. Changing how you dress can make you step out of your comfort zone and be more adventurous too. Even if you don't buy new clothes, go to a store and try on different styles of clothes. Try colors you don't normally wear as well. Shop in a store you don't normally shop in. Maybe go 'Thrifting.'

Travel writer, Anna Fuastino, writes this about adventure: "Adventure is about going out of your comfort zone to open yourself to the experiences and beauty that life gives you, no matter what path you choose to go on.... Every day should be treated as an adventure. Dare yourself to do something out of the ordinary and breakaway from your everyday routines." Adventures await around every corner, just open the door and take a step.

INSPIRATIONAL IDEAS from the Territory

In Chandler AZ, the women have a time of fellowship over Facetime while they all enjoy their coffee time at home.

In Eureka, CA they started a Silvercrest coloring group. Women gather, socially distanced and masked, as they each do their own art project, they fellowship and also discuss the take home Bible studies they have received. Corps Officer participates by answering the questions they have from their personal study. Great ministry of presence!

Klawock AK have incorporated the show "The Chosen" into their WM Programming. They watched the first 2 episodes and were moved to tears.

Napa, CA have online meetings that include a devotional thought, accepting prayer requests and has prepared conversation prompts (just in case the talking stalls).

Pasadena, CA ladies are studying *Managing Your Moods* by Marilyn Meberg virtually.

Santa Monica, CA started a new ministry of providing themed activity kits to the Silvercrest residents and women who had attended WM before. These kits include activity sheets (puzzles, crosswords, etc.), an easy craft kit, candy and a devotional.

Santa Clarita, CA ladies are going through the book Hinds' Feet on High Places by Hannah Hurnard.

Santa Rosa, CA is studying the book Unshakable Hope by Max Lucado. After that book they are planning to study Unwavering by Staci Eldredge.

Commissioner Colleen Riley—Territorial President of Women's Ministries Colonel Donna Igleheart—Territorial Secretary for Women's Ministries Major Beth Desplancke—Territorial Women's Ministries Program Secretary

30 Days of Guidance in June

This journey with God is an adventure but we have an excellent guide. Spend the next 30 days looking at how God leads, guides and directs us.

- 1. Exodus 15:1-18
- 2. Psalm 5:1-12
- 3. Psalm 18:30-36
- 4. Psalm 31:1-24
- 5. Psalm 32:1-11
- 6. Psalm 37:1-34
- 7. Psalm 40:1-8
- 8. Psalm 48:1-14
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- 9. Psalm 61:1-8
- 10. Psalm 73:1-28
- 11. Psalm 84:1-12
- 12. Psalm 119:1-16
- 13. Psalm 119:105-112
- 14. Psalm 119:129-136
- 15. Psalm 139:1-12
- 16. Psalm 143:1-12
- 17. Proverbs 2:1-22
- 18. Proverbs 3:1-10
- 19. Proverbs 3:21-26
- 20. Proverbs 4:1-17
- 21. Proverbs 16:1-9
- 22. Proverbs 16:10-25
- 23. Isaiah 30:19-22
- 24. Isaiah 42:10-17
- 25. Isaiah 48:12-22
- 26. Isaiah 58:1-11
- 27. John 15:26-16:15
- 28. Galatians 5:16-26
- 29. 2 Thessalonians 3:1-5
- 30. 2 Timothy 3:10-17



The Great Adventure

In the early 90's, Christian singer Steven Curtis Chapman had a song that was quite popular entitled "The Great Adventure." Part of the song says:

We'll travel long, over mountains so high, we'll go through valleys so low. Still through it all we find that this is the greatest journey that the human heart will ever see. The love of God will take us far beyond our wildest dreams.

(chorus)

Saddle up your horses, we've got a trail to blaze. Through the wild blue yonder of God's amazing grace. Let's follow our leader into the glorious unknown. This is a life like no other, whoa whoa this is the great adventure.

(Check out the video of this song: https://www.youtube.com/watch?
v=hVFPilp6nkk)

The Christian life is an adventure. It is a life of faith. Hebrews 11:1 tells us what faith is: *Now faith is confidence in what we hope for and assurance about what we do not see.* Choosing to journey with the Lord means He will lead us in ways we can't see. We trust His leading and we follow. He doesn't give us all the details ahead of time. He says "Go" and we obey. That is why Paul says in 2 Corinthians 5:7, "We live by faith, not by sight." Part of the adventure of walking with Jesus is we don't know all the details, and all our questions are not answered. Although not having all the information can be scary, we know that we have a great Guide to lead us on our way.

We don't travel this adventure alone. We have the Lord to be our traveling companion. No matter what path we walk down, God is one step ahead. He goes before us. Deuteronomy 31:8 says, *The Lord himself goes before you and will be with you; he will never leave you nor forsake you.* Do not be afraid; do not be discouraged. He has already charted the course ahead.

He not only goes before, He also follows behind as a rear guard. Isaiah 52:12 says **But you will not leave in haste or go in flight; for the Lord will go before you, for the God of Israel will be your rear guard.** God is behind protecting our backs.

God also walks beside us. Psalm 138:7 says, *Though I walk in the midst of trouble, you preserve my life. You stretch out your hand against the anger of my foes; with your right hand you save me.* In the good, bad and ugly times of life God is on our side, offering encouragement, support, comfort and guidance every step.

Knowing God goes before us, is behind and beside us all at the same time, makes the thought of stepping out in faith a little easier. We can step out confidently and without hesitation. We can view our journey with God as a great adventure because I know He is there every step of the way, and we can trust the promise found in Psalm 121:8, *The Lord will watch over your coming and going both now and forever.*