



Under the Son Bible Study

Written By: Lt. Taneya Garrett
Anaheim ARC

Over the years I have met many women who feel like they can't enjoy life with Jesus. What I've noticed is that they are so consumed and broken down by life and their situations, that by the time they remember or even realize that Jesus exist, they're afraid of Him. Many women don't realize their need of resting **under the Son**. They don't realize that what they are missing is a life with Jesus. They are too worried about what they have done wrong in life, too busy worried about what they have to cook for dinner or if there is a clean shirt in the closet to wear to work the next day.

Ladies, Jesus doesn't care what our houses look like or what are past sins are. He hasn't come to condemn us, but rather to love us and help us to find rest **under the Son**. Just as Jesus said, **take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls (Matthew 11:29)**. It's amazing to me to think that there are women in this world who don't have the comfort of knowing the Jesus I know. Jesus wants to love us, support us and be the comfort that we all need. It took me years to realize this and once I started living **under the Son** and His guidance, it become easier to handle the hard times. I was able to find comfort knowing that everything will be okay, **under the Son**. Below are a few examples of what could happen when we soak ourselves **under the Son**.

Comfort & Celebration Under the Son

1. Luke 22:14-16: When the hour had come, Jesus reclined at the table with His apostles. And He said to them, “I have eagerly desired to eat this Passover with you before My suffering. For I tell you that I will not eat it again until it is fulfilled in the kingdom of God.”

Some of our most noteworthy or important conversations take place when families and friends gather around a table. At mealtime, Jesus taught some of His most insightful lessons and developed the deepest relationships. He had many meals with His disciples, but none with the level of significance as the last one, particularly since it was also the Passover meal. On the eve of His betrayal, Jesus joined His disciples for the Passover feast. He could have gathered with them in fasting and austerity, but He didn't. Instead, they feasted together, one last supper before the horror to come. That's very significant.

This tells us that although Jesus knew that great suffering was to come, there was still and always will be time to spend **under the Son**. Jesus expressed His eagerness to have His last meal with His disciples. Jesus and the disciples had become a family. The disciples had left behind their very own families to learn from Jesus and this would be their last meal together, until they meet again in heaven. Although, Jesus knew that soon He would be killed, he wanted one last supper to fellowship and to celebrate with His disciples. Let this be a reminder when we gather with our families and friends giving thanks for the sacrifice Jesus made, we can find comfort knowing that Jesus celebrated, even knowing the days to come. Let this be a reminder that no matter what tomorrow brings, today we celebrate **under the Son** together.

Questions:

- 1. How does this passage speak to you? What is your “takeaway”?**

- 2. How can you and your family find comfort and celebrate together under the Son?**

Forgiveness Under the Son

- 2. Luke 7:36-50: When one of the Pharisees invited Jesus to have dinner with him, he went to the Pharisee’s house and reclined at the table. A woman in that town who lived a sinful life learned that Jesus was eating at the Pharisee’s house, so she came there with an alabaster jar of perfume. As she stood behind him at his feet weeping, she began to wet his feet with her tears. Then she wiped them with her hair, kissed them and poured perfume on them. When the Pharisee who had invited him saw this, he said to himself, “If this man were a prophet, he would know who is touching him and what kind of woman she is—that she is a sinner.” Jesus answered him, “Simon, I have something to tell you.” “Tell me,**

teacher," he said. "Two people owed money to a certain moneylender. One owed him five hundred denarii,^[a] and the other fifty. Neither of them had the money to pay him back, so he forgave the debts of both. Now which of them will love him more?" Simon replied, "I suppose the one who had the bigger debt forgiven." "You have judged correctly," Jesus said. Then he turned toward the woman and said to Simon, "Do you see this woman? I came into your house. You did not give me any water for my feet, but she wet my feet with her tears and wiped them with her hair. You did not give me a kiss, but this woman, from the time I entered, has not stopped kissing my feet. You did not put oil on my head, but she has poured perfume on my feet. Therefore, I tell you, her many sins have been forgiven—as her great love has shown. But whoever has been forgiven little loves little." Then Jesus said to her, "Your sins are forgiven." The other guests began to say among themselves, "Who is this who even forgives sins?" Jesus said to the woman, "Your faith has saved you; go in peace."

While dining at the house of a Pharisee, Jesus is met by a woman who bathes His feet with her tears and dries them with her hair. She spends her time kissing Jesus' feet and anointing Him with her perfume. This once sinful woman understood what it means to sit **under the Son**. It makes me chuckle because the Pharisee sees this as shocking behavior. I believe this woman must have had a previous encounter with Jesus, where she was forgiven by Him and now, she is expressing loving gratitude for the forgiveness that Jesus gives. The words Jesus says to her ring in my ears, "**Your faith has saved you; go in peace.**"

Jesus didn't care about this woman's reputation as "a sinner." Jesus cared that she had enough faith to come and rest **under the Son** to express the gratitude that she had for the forgiveness that He gave. This woman most likely spent her entire life longing for this forgiveness, and she was willing to give all she had to express her gratitude. Her mustard seed of faith came in the form of a tiny bottle of perfume. In today's time that tiny bottle isn't of much value, but back then it was of great value. Although, the Pharisee was shocked by the woman's behavior, we should take a page out of her book. The Pharisee was judging her based on her old reputation. When he should have been resting **under the Son**, while he had the opportunity. The woman is not, in fact, who we as the readers might think she is at first glance. She is forgiven and she knows how to rest **under the Son**.

Questions:

1. How does this passage speak to you?

2. Have you found forgiveness under the Son?

Joy Under the Son

3. **John 15:10-12**: If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete. My command is this: Love each other as I have loved you.

The word joy is expressed in two ways in verse 11. The first is the joy of Jesus. An emotion, of great happiness and pleasure. Which we can find when we allow ourselves to find **joy under the Son**. When we have Jesus in our hearts and allow Him to work in our lives, things seem to be a little better. Jesus found joy doing the work of His Father. Jesus found love and joy under God and we should be able to do the same **under the Son**. Jesus is the example here. Jesus insists that His own obedience to the Father is the reason for his joy; and he promises that those who obey him will share the same joy indeed, that his very purpose in laying down such demands is that our joy may be complete. The second is, our joy. We can rejoice in gladness when we are made complete, when we learn to express love and joy **under the Son**. As we grow in our understanding of Jesus, we can express that love and joy to the people we encounter. Like Jesus insists that His own obedience to the Father is the reason for his joy; we too, as believers should follow in the example given to us. **Under the Son** is joy made complete in Jesus name.

Questions:

1. Does this passage speak to you? And why?

2. How are you finding joy under the Son?

Applications:

There are so many truths to be found **under the Son** because with Jesus anything is possible. I just think it takes time, sometimes for people understand this. It might be because we haven't gotten the opportunity to meet and simply rest **under the Son**. Life is so busy with "to do" lists, and appointments for this or that. There's too much laundry to do and dishes that have been stacked in the sink for days. We worry too much about everything that doesn't matter, when we should be resting **under the Son**. We might say to ourselves; He'll still be here tomorrow! How often do we allow ourselves to get caught up in that trap? Yes, it's true, he will be here tomorrow, but, so will the dishes, the laundry and the "to do" list. Ladies, let's be women who find everything we need today, **under the Son**.