



Inspire

Just Be...Prayerful!

National Day of Prayer

Every year, the first Thursday of May (May 6, 2021) is designated as the National Day of Prayer in America. It was created in 1952 by a joint resolution of the United States Congress, and signed into law by President Harry S. Truman. If ever America needs prayer, it is now. On the National Day of Prayer website, <https://www.nationaldayofprayer.org/prayforamerica>, it says this about why we should pray for America:

God is sovereign and nothing comes as a surprise to Him. Whether we face fluctuating economics, threats from abroad, unrest at home, or other troubling circumstances, our Heavenly Father is not caught unaware. Through prayer, we are able to tap into His wisdom, strength, protection, and peace. He stands ready to respond to our needs when we humbly ask for divine intervention in the affairs of men.

As we Pray for America whose pledge of allegiance recounts that we are "one nation under God," and whose currency states that it is "in God we trust," we want Americans to encounter the God who rules over their country. ***"He who forms the mountains, creates the wind, and reveals His thoughts to man, He who turns dawn to darkness, and treads the high places of the earth—the LORD God Almighty is His name."***—Amos 4:13 NIV

He is the One who gave us this promise in 2 Chronicles 7:14: ***"If my people, who are called by My name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and will heal their land."*** As we humbly and diligently seek Him, we'll be changed, and we'll see transformation in America through prayer!



INSPIRATIONAL IDEAS from the Territory

Compton, CA ladies have done some on-line baking demos: making and decorating sugar cookies, and how to make flour tortillas.

In **Concord, CA** they are reaching out to women who are trying to stay sane as they care for their homeschooled children, by sending cards and Starbucks gift cards to those mothers. Goodies have also been mailed to the high school and young adult students.

Juneau AK are staying connected via Messenger and are keeping women involved and talking with one another with posts such as "Say Something Nice About Yourself," and a "Blessing Counter."

Murrieta, CA ladies are doing an online study of the book *Bad Girls of the Bible*.

In **Rita, Marshall Islands** the goal is for the women to pray more this year and come up with a good action plan to lean into God more. Each lady was given a notebook to use as a guidebook to write notes from the sermons and devotionals shared, and then they will discuss together what they are learning.

Sacramento, CA started a few discipleship groups with the younger ladies.

Tri-Cities, CA ladies have been busy writing out God's Word through weekly Bible writing assignments. In 2020 they wrote out 120 Bible verses, and are continuing this year. Their faith is growing as they take time to write out and meditate

Commissioner Colleen Riley—Territorial President of Women's Ministries

Colonel Donna Igleheart—Territorial Secretary for Women's Ministries

Major Beth Desplancke—Territorial Women's Ministries Program Secretary

Be sure to check out our website for more resources: <https://usw-womensministries.org/>

31 Days of Prayer in May

Spend the month of May looking at prayer in the Bible.

1. Exodus 32:1-14
2. Numbers 6:22-27
3. 1 Samuel 2:1-10
4. 1 Kings 8:22-61
5. 2 Chronicles 6:12-21
6. 2 Chronicles 7:11-22
7. Nehemiah 1:1-11
8. Nehemiah 9:1-38
9. Psalm 4:1-8
10. Psalm 17:1-15
11. Psalm 22:1-18
12. Psalm 22:19-31
13. Psalm 66:1-20
14. Psalm 69:1-18
15. Psalm 70:1-5
16. Psalm 88:1-18
17. Psalm 102:1-28
18. Isaiah 6:1-8
19. Jeremiah 33:1-3
20. Daniel 9:1-19
21. Matthew 5:43-48
22. Matthew 6:5-15
23. Matthew 7:7-12
24. Luke 11:1-13
25. Luke 18:1-8
26. Luke 22:39-46
27. John 17:1-26
28. Ephesians 3:14-19
29. 1 Timothy 2:1-8
30. James 5:13-18
31. 1 John 1:5-2:2

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2 Chronicles 7:14

Phone Prayer Prompts

Most of us have our phones in our hands, on our person or nearby all day long. According to a 2019 survey by global tech care company Asurion, on average Americans check their phones now **96 times a day—that's once every 10 minutes**. We are connected to our phones a lot; but are we connected to the Lord in prayer as much? Probably not.

Follow these prayer prompts with your phone usage as a way to incorporate prayer into your daily routine.

- Passcode. My 4 digit passcode for my phone (no I won't tell you what it is) is a number that is significant to my family. Every time I type in the four digits I recall those I love the most—my husband and children. I also see their picture since it is my home screen picture as well as my wallpaper picture. The picture and the passcode are reminders for me to pray for them. Do you have a fingerprint or facial recognition as your passcode. Every time you use your passcode based on your being unique, spend a moment praying, **Lord, I praise You because I am fearfully and wonderfully made; Your works are wonderful, I know that full well. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be** (Psalm 139:14, 16).
- Every time you glance at your phone to check the time perhaps pray this prayer: **Lord, teach me to number my days, that I may gain a heart of wisdom** (Psalm 90:12) or **Lord, help me to be very careful, then, how I live—not as unwise but as wise, making the most of every opportunity, because the days are evil** (Ephesians 5:15-16).
- Every time you go to text or call someone, pray this prayer first: **Lord, do not let any unwholesome talk come out of my mouth [or my finger], but only what is helpful for building others up according to their needs, that it may benefit those who hear me speak [or read what I text]** (Ephesians 4:29).
- When you scroll through your social media and see people who are asking for prayer or are struggling, don't just type "Praying for you" or the praying hands emoji. Take the time to really pray for them. Perhaps even type them the prayer you pray for them. It will encourage them as well as get you praying. Here is a verse you can pray for someone else: **Now may the Lord of peace Himself give you peace at all times and in every way. The Lord be with you** (2 Thessalonians 3:16).
- Every time you use your camera to take a picture, scroll through pictures or even take a screen shot of something, take time to pray and ask God to help you focus on the right things: **Lord, help me set my heart and mind on things above, not on earthly things, fixing my eyes on Jesus, the pioneer and perfecter of my faith** (Colossians 3:1-2, Hebrews 12:2).
- When you check your e-mail, be sure to pray for whoever the e-mail is for. Be sure to ask the Lord to help you to say the right words: **Lord, let my conversation be always full of grace, seasoned with salt, so that I may know how to answer everyone. May the words of my mouth and the this meditation of my heart be pleasing in your sight, Lord, my Rock and my Redeemer** (Colossians 4:6, Psalm 19:14).