

ESSENTIAL HOLY OILS OF THE BIBLE

Cedarwood:

Emotional: associated with survival, first Chakra.

Physical: may help with ADHD, skin problems, hair loss

Biblical Reference: Leviticus 14:4 – “Then shall the priest command to take for him that is to be cleansed two birds alive and clean, and cedar wood, and scarlet, and hyssop”.

Cinnamon Bark (Cassia):

Emotional: associated with balance for feelings of irritation (head of the pancreas).

Physical: may help with infectious diseases (viral) and cardiovascular.

Biblical Reference: Proverbs 7:17- “I have perfumed my bed with myrrh, aloes, and cinnamon”.

Cypress:

Emotional: associated with the ego (tip of xiphoid process), feelings of worthlessness (gums and teeth).

Physical: may improve circulation, antispasmodic, liver health, anti-infectious.

Biblical Reference: Isaiah 44:14 – “He heweth him down cedars, and taketh the cypress and the oak, which he strengtheneth for himself among the trees of the forest...”

Frankincense:

Emotional: associated with the ego (tip of xiphoid process), feelings of worthlessness (gums and teeth).

Physical: may improve depression & immuno-stimulant.

Biblical Reference: The Bible contains over 52 references, including the term “incense” which is translated to mean frankincense. It was considered the “holy anointing oil” and known for its healing powers. It was one of the gifts given to Christ at his birth. It was valued more than gold and was used to treat every conceivable ill.

Hyssop:

Emotional: associated with swallowed emotions (epiglottis).

Physical: decongestant, anti-microbial.

Biblical Reference: See above, Leviticus 14:4

Myrrh:

Emotional: fear of facing the world (adrenal glands).

Physical: antioxidant, antimicrobial.

Biblical Reference: Genesis 37:25 – “And they sat down to eat bread: and they lifted up their eyes and looked... a company of Ishmaelites came... bearing spicery and balm, and myrrh...”

The Essentials - Jesus & Oils - Healing is in His Hands